## ROWING SCHEDULE - TERM 1 2017

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>30 January</td>
<td>31 January Seniors Row, 5:40am – 7:30am, UWABC</td>
<td>1 February Seniors Gym, 6:30am-7:40am, Fitness Centre</td>
<td>2 February</td>
<td>3 February Seniors Row, 5:40am-7:30am, UWABC Year 10 Row, 5:40am-7:30am, UWABC</td>
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<tr>
<td>2</td>
<td>6 February Seniors Row, 5:40am – 7:30am, UWABC Year 9 Row 5:40am – 7:30am, UWABC Year 10 Gym 6:45am-7:45am, Fitness Centre</td>
<td>7 February Year 10 Row, 5:40am-7:30am, UWABC</td>
<td>8 February Seniors Gym, 5:40am-7:30am, UWABC Year 9 Row, 5:40am-7:30am, UWABC</td>
<td>9 February No Training Interhouse Swimming Year 10 Row, 5:40am-7:30am, UWABC Year 10 Row, 6:30am-9:30am, UWABC</td>
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<tr>
<td>3</td>
<td>13 February Seniors Row, 5:40am – 7:30am, UWABC Year 9 Row 5:40am – 7:30am, UWABC Year 10 Gym 6:45am-7:45am, Fitness Centre</td>
<td>14 February Year 10 Row, 5:40am-7:30am, UWABC Seniors Gym, 3:40pm-5:00pm, Fitness Centre</td>
<td>15 February Seniors Gym, 5:40am-7:30am, UWABC Year 9 Gym, 3:40pm-5:00pm, Fitness Centre</td>
<td>16 February Year 9 Row, 5:40am-7:30am, UWABC</td>
<td>17 February Seniors Row, 5:40am-7:30am, UWABC Year 10 Row, 5:40am-7:30am, UWABC</td>
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<tr>
<td>4</td>
<td>20 February Seniors Row, 5:40am – 7:30am, UWABC Year 9 Row 5:40am – 7:30am, UWABC Year 10 Gym 6:45am-7:45am, Fitness Centre</td>
<td>21 February Year 10 Row, 5:40am-7:30am, UWABC Seniors Gym, 3:40pm-5:00pm, Fitness Centre</td>
<td>22 February Seniors Gym, 5:40am-7:30am, UWABC Year 9 Gym, 3:40pm-5:00pm, Fitness Centre</td>
<td>23 February Year 9 Row, 5:40am-7:30am, UWABC</td>
<td>24 February Seniors Row, 5:40am-7:30am, UWABC Year 10 Row, 5:40am-7:30am, UWABC</td>
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<tr>
<td>5</td>
<td>27 February Seniors Row, 5:40am – 7:30am, UWABC Year 9 Row 5:40am – 7:30am, UWABC Year 10 Gym 6:45am-7:45am, Fitness Centre</td>
<td>28 February Year 10 Row, 5:40am-7:30am, UWABC Seniors Gym, 3:40pm-5:00pm, Fitness Centre</td>
<td>1 March Seniors Row, 5:40am-7:30am, UWABC Year 9 Gym, 3:40pm-5:00pm, Fitness Centre</td>
<td>2 March Year 9 Row, 5:40am-7:30am, UWABC</td>
<td>3 March Mid Term Break</td>
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<td>6</td>
<td>6 March Mid Term Break</td>
<td>7 March Year 10 Row, 5:40am-7:30am, UWABC Seniors Gym, 3:40pm-5:00pm, Fitness Centre</td>
<td>8 March Seniors Row, 5:40am-7:30am, UWABC Year 9 Gym, 3:40pm-5:00pm, Fitness Centre</td>
<td>9 March Year 9 Row, 5:40am-7:30am, UWABC</td>
<td>10 March Seniors Row, 5:40am-7:30am, UWABC Year 10 Row, 5:40am-7:30am, UWABC IGSSA Swimming</td>
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**Week 2**
- 6 February Seniors Row, 5:40am – 7:30am, UWABC
- Year 9 Row 5:40am – 7:30am, UWABC
- Year 10 Gym 6:45am–7:45am, Fitness Centre

**Week 3**
- 13 February Seniors Row, 5:40am – 7:30am, UWABC
- Year 9 Row 5:40am – 7:30am, UWABC
- Year 10 Gym 6:45am–7:45am, Fitness Centre

**Week 4**
- 20 February Seniors Row, 5:40am – 7:30am, UWABC
- Year 9 Row 5:40am – 7:30am, UWABC
- Year 10 Gym 6:45am–7:45am, Fitness Centre

**Week 5**
- 27 February Seniors Row, 5:40am – 7:30am, UWABC
- Year 9 Row 5:40am – 7:30am, UWABC
- Year 10 Gym 6:45am–7:45am, Fitness Centre

**Week 6**
- 6 March Mid Term Break

**Week 1**
- 30 January
- Seniors Row, 5:40am – 7:30am, UWABC

**Week 2**
- 6 February
- Seniors Row, 5:40am – 7:30am, UWABC
- Year 9 Row 5:40am – 7:30am, UWABC
- Year 10 Gym 6:45am–7:45am, Fitness Centre

**Week 3**
- 13 February
- Seniors Row, 5:40am – 7:30am, UWABC
- Year 9 Row 5:40am – 7:30am, UWABC
- Year 10 Gym 6:45am–7:45am, Fitness Centre

**Week 4**
- 20 February
- Seniors Row, 5:40am – 7:30am, UWABC
- Year 9 Row 5:40am – 7:30am, UWABC
- Year 10 Gym 6:45am–7:45am, Fitness Centre

**Week 5**
- 27 February
- Seniors Row, 5:40am – 7:30am, UWABC
- Year 9 Row 5:40am – 7:30am, UWABC
- Year 10 Gym 6:45am–7:45am, Fitness Centre

**Week 6**
- 6 March
- Mid Term Break

**Week 1**
- 30 January
- Seniors Row, 5:40am – 7:30am, UWABC

**Week 2**
- 6 February
- Seniors Row, 5:40am – 7:30am, UWABC
- Year 9 Row 5:40am – 7:30am, UWABC
- Year 10 Gym 6:45am–7:45am, Fitness Centre

**Week 3**
- 13 February
- Seniors Row, 5:40am – 7:30am, UWABC
- Year 9 Row 5:40am – 7:30am, UWABC
- Year 10 Gym 6:45am–7:45am, Fitness Centre

**Week 4**
- 20 February
- Seniors Row, 5:40am – 7:30am, UWABC
- Year 9 Row 5:40am – 7:30am, UWABC
- Year 10 Gym 6:45am–7:45am, Fitness Centre

**Week 5**
- 27 February
- Seniors Row, 5:40am – 7:30am, UWABC
- Year 9 Row 5:40am – 7:30am, UWABC
- Year 10 Gym 6:45am–7:45am, Fitness Centre

**Week 6**
- 6 March
- Mid Term Break
<table>
<thead>
<tr>
<th>Week 7</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tbody>
<tr>
<td>13 March</td>
<td>13 March Seniors Row, 5:40am – 7:30am, UWABC Year 9 Row 5:40am – 7:30am, UWABC Year 10 Gym 6:45am–7:45am, Fitness Centre</td>
<td>14 March Year 10 Row, 5:40am-7:30am, UWABC Seniors Gym, 3:40pm-5:00pm, Fitness Centre</td>
<td>15 March Seniors Row, 5:40am–7:30am, UWABC Year 9 Gym, 3:40pm–5:00pm, Fitness Centre</td>
<td>16 March Year 9 Row, 5:40am-7:30am, UWABC</td>
<td>17 March Seniors Row, 5:40am–7:30am, UWABC Year 10 Row, 5:40am–7:30am, UWABC</td>
<td>18 March Head of the River, PSA</td>
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<tr>
<td>Week 8</td>
<td>20 March Seniors Row, 5:40am – 7:30am, UWABC Year 9 Row 5:40am – 7:30am, UWABC Year 10 Gym 6:45am–7:45am, Fitness Centre</td>
<td>21 March Year 10 Row, 5:40am-7:30am, UWABC Seniors Gym, 3:40pm-5:00pm, Fitness Centre</td>
<td>22 March Seniors Row, 5:40am–7:30am, UWABC Year 9 Gym, 3:40pm–5:00pm, Fitness Centre</td>
<td>23 March Year 9 Row, 5:40am-7:30am, UWABC</td>
<td>24 March Seniors Row, 5:40am–7:30am, UWABC Year 10 Row, 5:40am–7:30am, UWABC</td>
<td>25 March Seniors Row, 6:30am–9:30am, UWABC Year 10 Row, 6:30am–9:30am, UWABC</td>
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<td>Week 9</td>
<td>27 March Seniors Row, 5:40am – 7:30am, UWABC Year 9 Row 5:40am – 7:30am, UWABC Year 10 Gym 6:45am–7:45am, Fitness Centre</td>
<td>28 March Year 10 Row, 5:40am-7:30am, UWABC Seniors Gym, 3:40pm-5:00pm, Fitness Centre</td>
<td>29 March Seniors Row, 5:40am–7:30am, UWABC Year 9 Gym, 3:40pm–5:00pm, Fitness Centre Nations Regatta, Penrith</td>
<td>30 March Year 9 Row, 5:40am-7:30am, UWABC</td>
<td>31 April Seniors Row, 5:40am–7:30am, UWABC Year 10 Row, 5:40am–7:30am, UWABC Nations Regatta, Penrith</td>
<td>1 April Seniors Row, 6:30am–9:30am, UWABC Year 10 Row, 6:30am–9:30am, UWABC Nations Regatta, Penrith</td>
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<tr>
<td>Week 10</td>
<td>3 April Seniors Row, 5:40am – 7:30am, Cygnet Hall Year 10 Row, 5:40am-7:30am, Cygnet Hall Year 9 Row 5:40am – 7:30am, Cygnet Hall</td>
<td>4 April Seniors Row, 5:40am–7:30am, Cygnet Hall Year 10 Row, 5:40am–7:30am, Cygnet Hall Year 9 Row, 5:40am–7:30am, Cygnet Hall</td>
<td>5 April Seniors Row, 5:40am–7:30am, Cygnet Hall Year 10 Row, 5:40am–7:30am, Cygnet Hall Year 9 Row, 5:40am–7:30am, Cygnet Hall</td>
<td>6 April Seniors Row, 5:40am–7:30am, Cygnet Hall Year 10 Row, 5:40am–7:30am, Cygnet Hall Year 9 Row, 5:40am–7:30am, Cygnet Hall</td>
<td>7 April Arts Day</td>
<td>8 April Holidays Commence</td>
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</tbody>
</table>

If you have any questions in regards to the Rowing Schedule for Term 1 please see Mr Wilkes, Rowing Coordinator.

Bus departs the School Chapel at 5:20am for weekday morning sessions and 6:10am for Saturday morning sessions. All girls will return on the bus before the start of the academic day.