

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	27 January Australia Day Holiday	28 January	29 January Start of Term	30 January 6.30am - 7.45am Swimming Training Year 7 Trials	31 January 6.30am - 7.45am Swimming Training
Week 2	3 February 6.30am – 7.45am Swimming Training	4 February 6.30am - 7.45am Swimming Training	5 February 6.30am - 7.45am Swimming Training	6 February 6.30am - 7.45am Swimming Training	7 February 3.30pm – 5.00pm Time Trial 1 at St Hilda's Years 3-12
Week 3	10 February 6.30am – 7.45am Swimming Training	11 February 6.30am - 7.45am Swimming Training	12 February 6.30am - 7.45am Swimming Training	13 February Interhouse Swimming Carnival HBF Stadium	14 February 6.30am - 7.45am Swimming Training
Week 4	17 February 6.30am – 7.45am Swimming Training	18 February 6.30am - 7.45am Swimming Training	19 February 6.30am - 7.45am Swimming Training	20 February 6.30am - 7.45am Swimming Training	21 February 3.45pm - 5.00pm St Hilda's Time Trial 2
Week 5	24 February 6.30am – 7.45am Swimming Training	25 February 6.30am - 7.45am Swimming Training	26 February 6.30am - 7.45am Swimming Training	27 February 6.30am - 7.45am Swimming Training	28 February Mid Term Break
Week 6	3 March Mid Term Break	4 March 6.30am - 7.45am Swimming Training	5 March 6.30am - 7.45am Swimming Training	6 March 6.30am - 7.45am Swimming Training	7 March 3.45pm – 5.00pm Time Trial 3 at St Hilda's
Week 7	10 March 6.30am – 7.45am Swimming Training	11 March 6.30am – 7.45am Swimming Training	12 March 6.30am – 7.15am (Short Session) 7.30am – 8.20am Swimming Breakfast Boarding Dining Hall	13 March 6.30am - 7.45am Final Swimming Training Dress Up Session	14 March IGSSA Swimming Carnival HBF Stadium 6.30pm – 9.30pm After Party – TBC

If you have any questions with regards to the 2025 IGSSA Swimming training schedule please contact Kobie McGurk (Head of Sport)