



**WELCOME**  
to St Hilda's



**St Hilda's**  
ANGLICAN SCHOOL FOR GIRLS



“There are so many opportunities available to you in Senior School and I implore you to try as many as possible to spark your passion and find your tribe.”

*Andrea McNally, Deputy Principal*



# Dear Future Year 7 Students

**Starting Senior School can be quite daunting, especially with so many new faces, and it is normal to feel nervous about such a big transition. However, you can be rest assured that we will help make the change as smooth as possible.**

The transition to Senior School is a lot of fun. It starts with Orientation Day in September where you will get to meet the rest of the 2026 cohort and engage in some fun activities. Then, during the first few days of Term 1 in 2026, you will spend some time exploring the Bay View campus, enjoy some confidence-boosting activities, make new friends, and get to know your teachers who will help you throughout the year and beyond.

You will be assisted by your Head of Year and Homeroom Teacher who are there to guide, mentor and care for you with any challenges you may face.

There are so many opportunities available to you in Senior School and I implore you to try as many as possible to spark your passion and find your tribe.

I look forward to you commencing your journey with us at St Hilda's and hope we can spark an extraordinary future for you in whichever path you decide to take.

Kind regards,

**Andrea McNally**  
*Deputy Principal*





# Friendly Faces



**Fiona Johnston**

Principal



**Andrea McNally**

*Deputy Principal / Director of Senior School*



**Jo Swain**

*Dean of Wellbeing*



**Cora Algie**

*Dean of Academics  
and Analytics*



**Helen Thompson**

*Dean of Cocurricular  
and Operations*



**Rachel Stenslunde**

*Dean of Boarding*



**Zoe Timmers**

Head of Year 7



**Deanna Scott**

*School Psychologist  
(Year 7, 9 & 11)*



**Rev. Philip Schonken**

*Chaplain*



**Mandy Perrignon**

*Nurse Manager*



**DE GREY**

**Sandra Naude**



**GASCOYNE**

**Clare Hart**



**BLACKWOOD**

**Lisa Young**



**FITZROY**

**Vicki McAlinden**



# Year 7 Subjects

## English

You will gain an understanding of how texts are constructed and the role that language plays in shaping social beliefs and values and attitudes. You will also learn about different forms of writing and the significance of different contexts.

## Humanities

You will be introduced to the disciplines of Economics, Geography, History, and Politics and Law to develop expertise in the different skills of each subject and a deep knowledge of content.

## Languages

French or Japanese are offered, and each course aims to enable all students to communicate proficiently in a language other than English through a sequence of learning. It also provides students with essential communication skills, an intercultural capability, and an understanding of the role of language and culture in human communication.

## Mathematics

You will be exposed to essential mathematical skills and knowledge in Number and Algebra, Measurement and Geometry, and Statistics and Probability. The numeracy capabilities required for your personal, work and civic life are developed and the fundamentals on which mathematical specialties and professional applications of mathematics are built.





### Physical and Health Education

The primary objective of Physical Education is to give every student the opportunity to reach full movement potential through participation in a varied range of physical activities including; swimming, volleyball, hockey, athletics, basketball, softball, netball, water polo and fitness. In Health, the focus is on feelings and relationships, cyber safety, puberty, sun protection and smoking. The program is developmental, considering the growth and development, knowledge, needs and maturity of students.



### Science

Students study four topics during the year: Introductory Chemistry, Earth and Space Science, Physics and Biology. Experiments in the science laboratories are a key feature of this course.

### Homework

You may be required to complete class work, worksheets, assignments, prepare and revise for assessments.



# Other Courses



## Digital Technologies

Students are introduced to the School's computer systems and learn about the different types of networks, including wired, wireless and mobile networks. They learn to manage their folders and files, and acquire a basic knowledge of hardware and software. Students investigate how digital systems represent text, image and audio data in binary. They use a range of techniques, appropriate digital technical terms and technologies to design, develop, review and communicate design ideas, plans and processes.

## Design Technologies (Food)

Students have opportunities to learn about technologies in society in the technologies context: Food specialisations. The students will delve into the world of food in their daily lives and the important connection that it has with their health and wellbeing. They identify nutritional values and physical properties of food to determine preparation techniques and presentation.

The course is made up of mostly practical lessons covering a plethora of skills and cooking methods to complete outcomes such as steaming, baking, and grilling using seasonal ingredients. There is also a community focus to enable students to work collaboratively and enjoy food together in an engaging environment. Students are provided with opportunities to design and produce products while engaging in a range of technologies, materials, components, tools and equipment.

The use of creativity, innovation and enterprise skills is encouraged to increase independence and collaboration to plan, develop and evaluate ideas and information, when using management processes.

## Entrepreneurship (ESSTEAM)

Entrepreneurship (ESSTEAM) introduces and establishes enterprise skills and opportunities to connect with real-life problems. The ESSTEAM program aims to solve sustainability problems through the lens of Science, Technology, Engineering, Arts and Mathematics.

## Drama

Drama has the capacity to engage, inspire and enrich students, and encourage them to reach their creative and expressive potential. Drama develops students' confidence, creativity, problem solving and collaborative skills, and provides them with a strong understanding of the importance of teamwork.

In the Year 7 course, students develop the skills to make and respond to drama independently and with their peers and teachers. Through a study of devised and scripted drama, students explore a range of forms and develop an understanding of how the elements of drama can be used to enhance dramatic meaning. Students look at design elements, develop their play building skills, explore voice and movement techniques and shape drama for target audiences. By the end of the course, students have gained an appreciation of drama as an art form and have actively explored their confidence and performance creativity through both workshop and performance.

## Dance

In Year 7 Dance, students will explore dance techniques of various genres, including contemporary and cultural dance. They will learn the elements of Dance and will work both individually and collaboratively to create choreography. In Performance tasks, they will rehearse and perform repertoire created by themselves and by others. Students will respond in verbal and written form to practical tasks and will also have the opportunity to view and respond to professional dance works.

Dance aims to build confidence and team work skills whilst participating in group work activities. Students also begin to appreciate Dance as an art form and its purpose in society.

The course is designed to be inclusive and challenging regardless of previous dance experience.





## Belonging

**Focus 1:** As the girls transition to our Senior Campus and continue to grow in the tradition of St Hilda's, it is important that they understand and appreciate the history, culture and traditions and values of the School. This course endeavours to invoke a sense of belonging through an appreciation of the people who have made the school what it is, the values it upholds as an Anglican school, and how the students can contribute to St Hilda's tradition and history. Students will discover and appreciate historical figures, old scholars, customs, celebrations and values to find their place in St Hilda's story.

**Focus 2:** Students will explore the art of mindfulness and discover how mental wellbeing can assist students in navigating the challenges of transitioning to Senior School. Students will learn a variety of strategies, to develop their mental strength.



### Music

Students participate in a wide range of musical activities, including listening to and learning about different musical styles and instruments. Students are taught the basics of music analysis and theory through exploring a variety of musical genres. They investigate how music can be used to convey ideas and emotions, focusing on how music is used in movies.

Many girls also gain valuable ensemble experience through joining groups such as the Whitby Chorale, the Senior Concert Band, the Jazz Band, the Senior String Orchestra and the Senior Orchestra.

All students are encouraged to enrol in instrumental or vocal lessons with a professional teacher either inside or outside school.

### Visual Arts

Students have opportunities to use and apply visual art language and artistic conventions in their design and production process. Projects encourage personal responses and engage students in exploring themes, concepts, 2D and 3D techniques and processes.



### Year 7 Outdoor Education Experience

The 4 night experience will be based out of our Yeagarup campus with activities conducted around the Yeagarup/Pemberton region. The Year 7 program is an introduction to expedition style outdoor education. The experience is designed to ignite an interest in the natural world, encourage adventure and develop relationships between students.





Cocurricular

SPORT



SWIMMING



AFL



VOLLEYBALL



BADMINTON



GOLF



NETBALL



ROWING (9 - 12)



HOCKEY



CROSS COUNTRY



ATHLETICS



BASKETBALL



SOCCER



CRICKET



TENNIS



WATER POLO



BADMINTON (9/10)



SOFTBALL



## Drama

Cocurricular Drama opportunities for our students to shine include the involvement of the whole school in Arts Festival and the Year 7 and 8 Production. Speech and Drama classes are also offered in a cocurricular capacity and are taught by specialist Speech and Drama Association teachers.

## Music

There are numerous choirs, orchestras, bands, and ensembles which meet every week of the school year, and each group is given many performance opportunities both in school concerts and Chapel services as well as in countless events outside of school for the wider community.



## Dance

Cocurricular Dance offers opportunities for live performance in the roles of dancer and choreographer, working with specialists throughout the school year to create dynamic dance pieces for public performances.

## Outdoor Education

These optional programs are designed to explore outdoor activities and environments that students have shown an interest in. In Year 7 we offer before school surfing and weekend surf camps to Lancelin.

## Clubs and Committees

Environmental Committee

Community Service

Japanese Club

Change Makers

St Hilda's Senior School also has over 40 Clubs and Committees, which students can join. It's an opportunity for students to connect on a social and fun level in an area they are passionate, interested or have a particular talent in.

Photoshop Club

Coding Club

Robotics Committee

T1  
SWIMMING

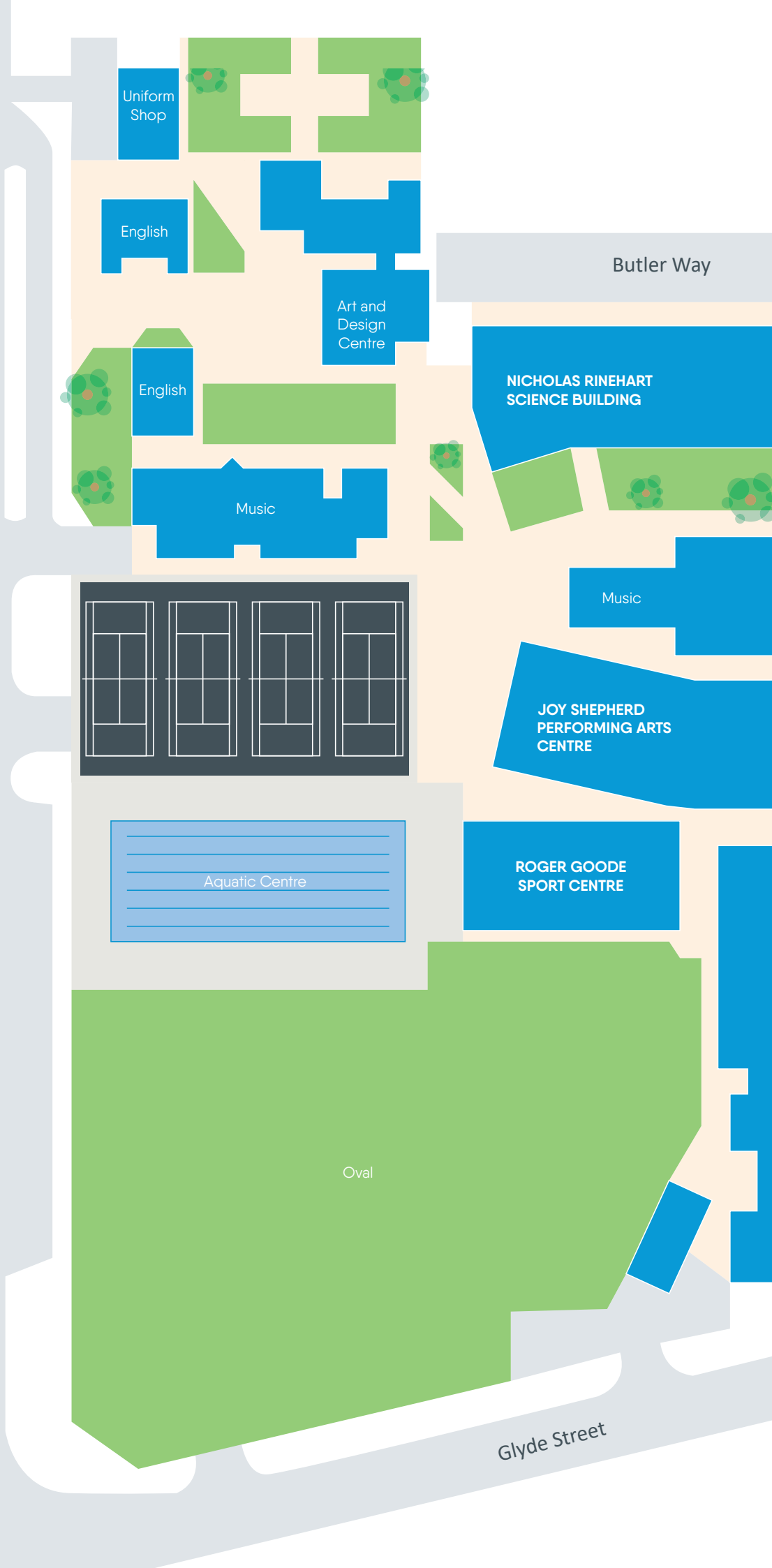
T2  
CROSS  
COUNTRY

T2  
ATHLETICS

INTERHOUSE  
CARNIVALS

# BAY VIEW CAMPUS

Palmerston Street



Butler Way

NICHOLAS RINEHART  
SCIENCE BUILDING

Music

Music

JOY SHEPHERD  
PERFORMING ARTS  
CENTRE

ROGER GOODE  
SPORT CENTRE

Aquatic Centre

Oval

Glyde Street

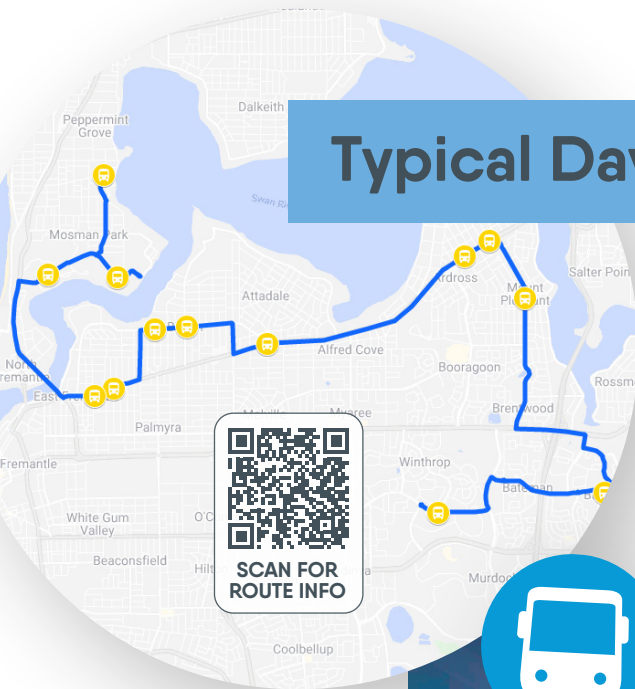




**SCAN**  
TO SEE OUR  
VIRTUAL  
TOUR



# Typical Day in the Life of a Year 7



## Getting to School

There are many options for getting to school depending on where you live. Our bus service covers a wide range of areas and is a convenient way to get to school.



## Homeroom 8.25am - 8.35am

Homeroom time is the first class of the day.

## Period 1: 8.35am - 9.25am

## Period 2: 9.25am - 10.15am

## RECESS 10.15am - 10.40am

## Period 3: 10.40am - 11.30am

## Period 4: 11.30am - 12.20pm

## Period 5: 12.20pm - 1.05pm

## LUNCH 1.05pm - 1.45pm

## Period 6: 1.45pm - 2.35pm

## Period 7: 2.35pm - 3.25pm



### Bay Cafe

Available before and after school as well as Recess at 10.15am – 10.40am and Lunch 1.05pm – 1.45pm. Orders can be placed online or you can use your student card to purchase directly.



### Year Time

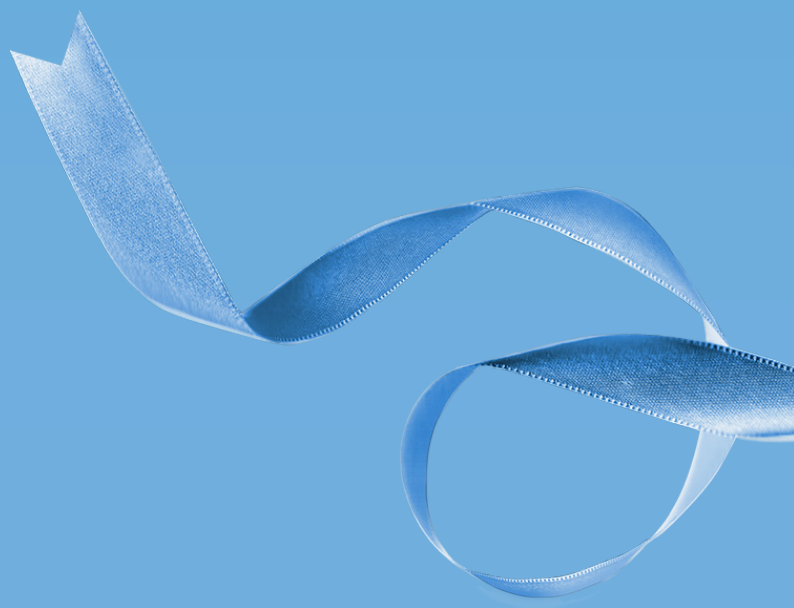
Monday Period 5, the whole Year 7 cohort comes together hear from guest speakers, engage in workshops, attend chapel and prepare for school events such as Arts Festival.

### House Time

Thursday Period 5. Vertical groups from each House come together to practice house chants, participate in activities or rehearse for Arts Festival.

### Assemblies

Scheduled on Friday Mornings (period 1), staff and students from Years 7-12 gather in the Performing Arts Centre. Assemblies are often live-streamed for parents. On occasion, parents attend.



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BAY VIEW | CHIDLEY | YEAGARUP  
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